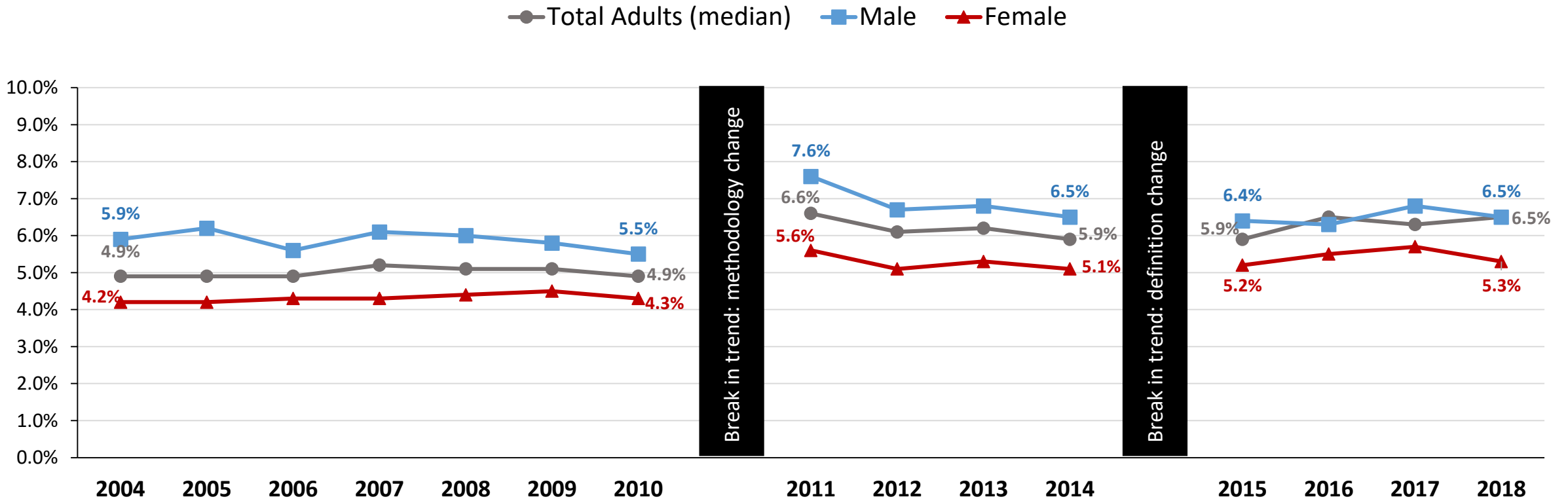


# Behavioral Risk Factor Surveillance System

## Heavy Drinking Among Adults 18+



Source: [Behavioral Risk Factor Surveillance System](#), conducted by the Centers for Disease Control and Prevention.

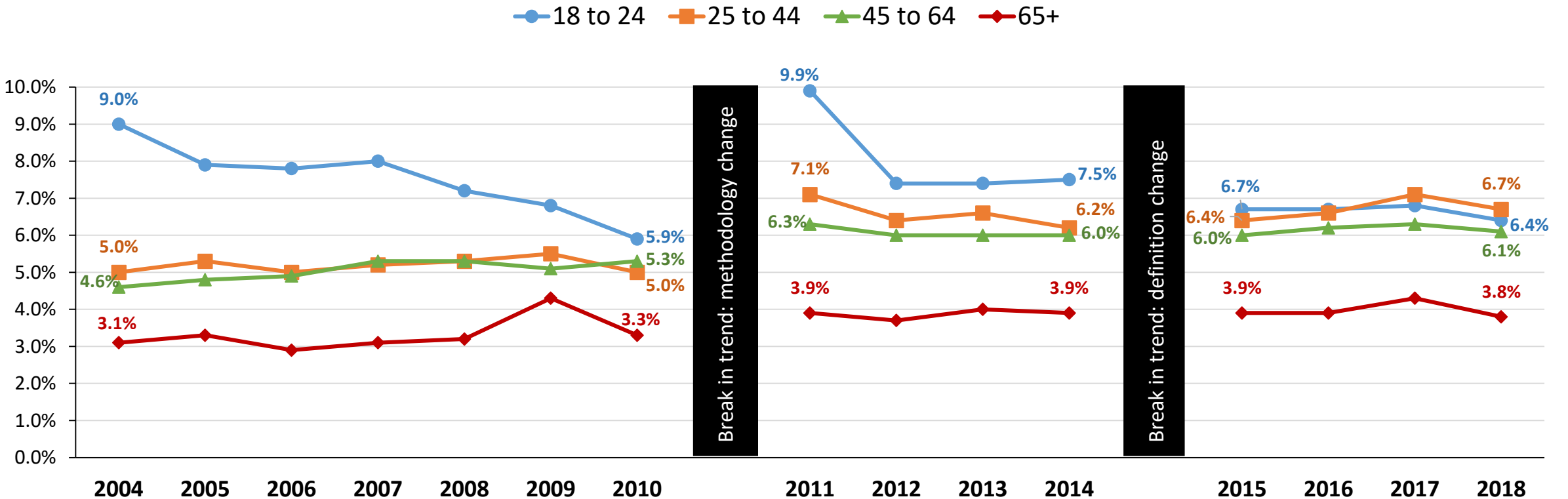
Question: During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

Sample: Age 18+, all U.S. states and territories.

**2014-2015 break in trend:** From 2004-2014, “heavy drinking” was defined as “adult men having more than two drinks per day and adult women having more than one drink per day.” Beginning in 2015, this definition was changed to “adult men having more than 14 drinks per week and adult women having more than 7 drinks per week.”

# Behavioral Risk Factor Surveillance System

## Heavy Drinking Among Adults 18+, By Age Range



Source: [Behavioral Risk Factor Surveillance System](#), conducted by the Centers for Disease Control and Prevention.

Question: During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

Sample: Age 18+, all U.S. states and territories.

2014-2015 break in trend: From 2004-2014, "heavy drinking" was defined as "adult men having more than two drinks per day and adult women having more than one drink per day." Beginning in 2015, this definition was changed to "adult men having more than 14 drinks per week and adult women having more than 7 drinks per week."