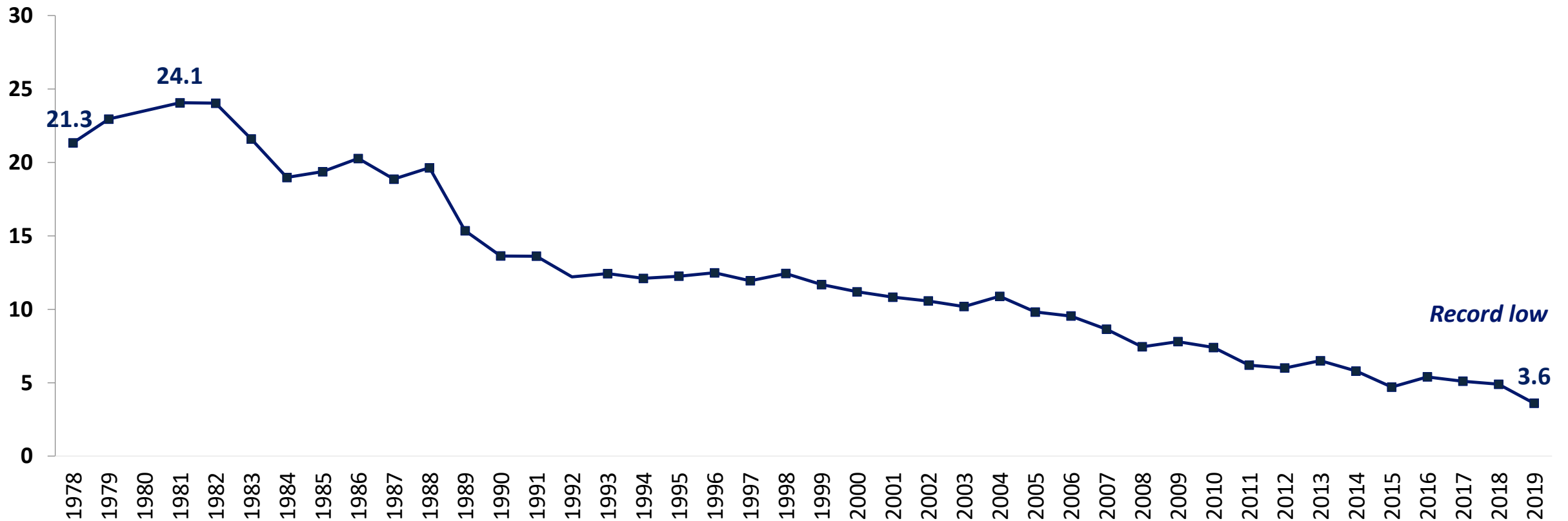


3.6% of college freshman drink beer frequently, down 85% from its peak in 1981.

% College Freshmen Who Drank Beer Frequently In The Past Year



Source: The American Freshman Survey, sponsored by UCLA and conducted by the Higher Education Research Institute at UCLA's Graduate School of Education & Information Studies.

<https://heri.ucla.edu/publications-tfs/>

Respondents self-reported whether they engaged in a list of activities (including "drank beer") frequently, occasionally, or not at all in the past year.

More young adults are abstaining from alcohol.

Between 2002 and 2018, among adults aged 18-22:



The proportion that abstained from alcohol increased from 20% to 28% for those in college

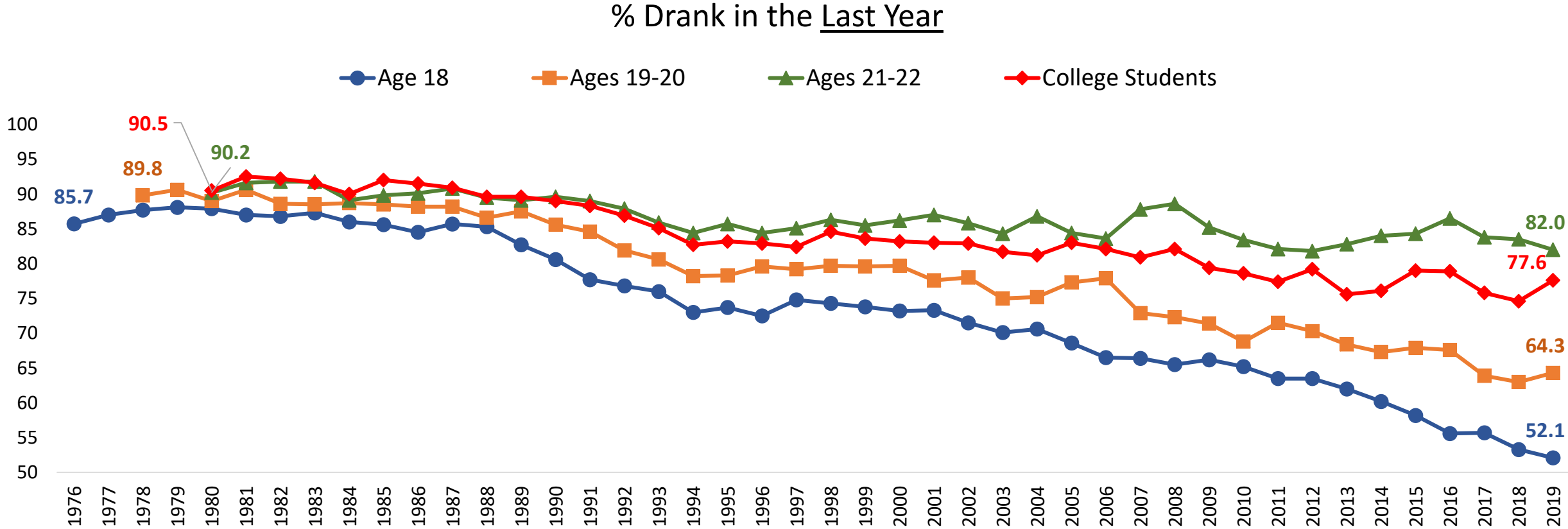


The proportion that abstained from alcohol increased from 24% to 30% for those *not* in college



Alcohol abuse among both groups decreased by roughly half

The share of college students who have had alcohol in the past year has decreased 14% since 1980.



Source: The University of Michigan 2019 Monitoring the Future Study, sponsored by the National Institute on Drug Abuse, U.S. Department of Health & Human Services, 2020

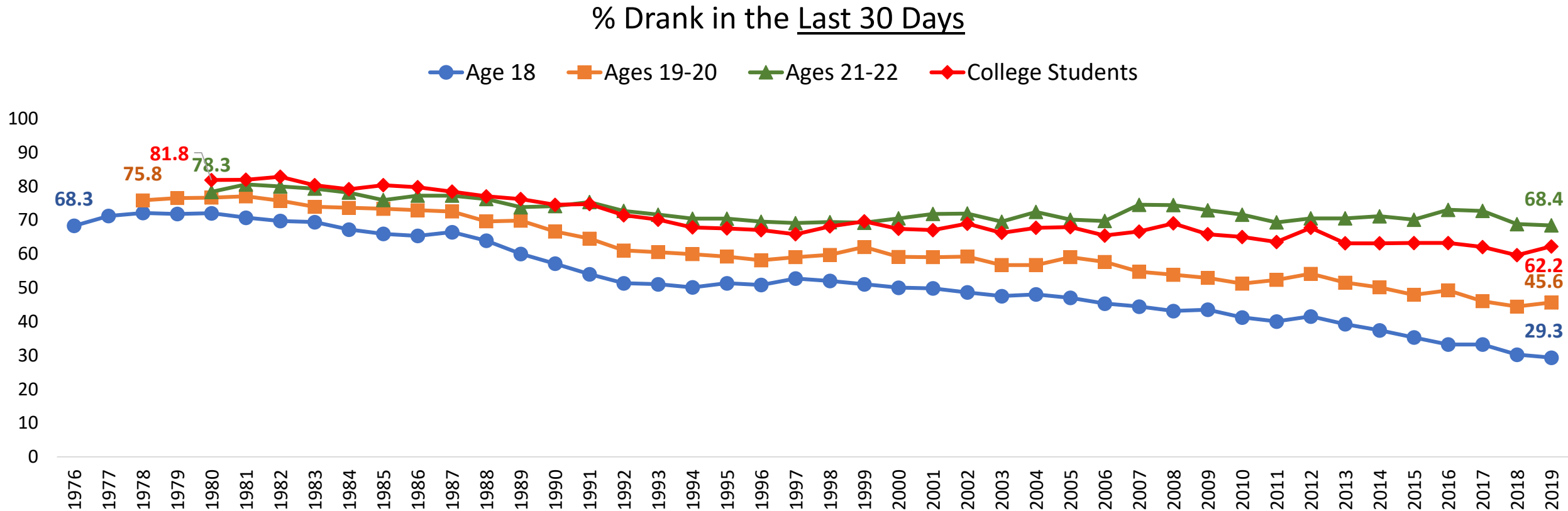
http://monitoringthefuture.org/pubs/monographs/mtf-vol2_2019.pdf Figure 5-18a and Table 9-2

Question: "On how many occasions (if any) have you used alcohol during the last 12 months?"

Note: Age ranges include both college students and non-students.

Notes: College students are defined as those follow-up respondents one to four years past high school who report that they were taking courses as full-time students in a two- or four-year undergraduate college at the beginning of March of the year in question. Note that full-time students at two-year colleges, such as community colleges, are included.

The share of college students who have had alcohol in the past month has decreased 24% since 1980.



Source: The University of Michigan 2019 Monitoring the Future Study, sponsored by the National Institute on Drug Abuse, U.S. Department of Health & Human Services, 2020

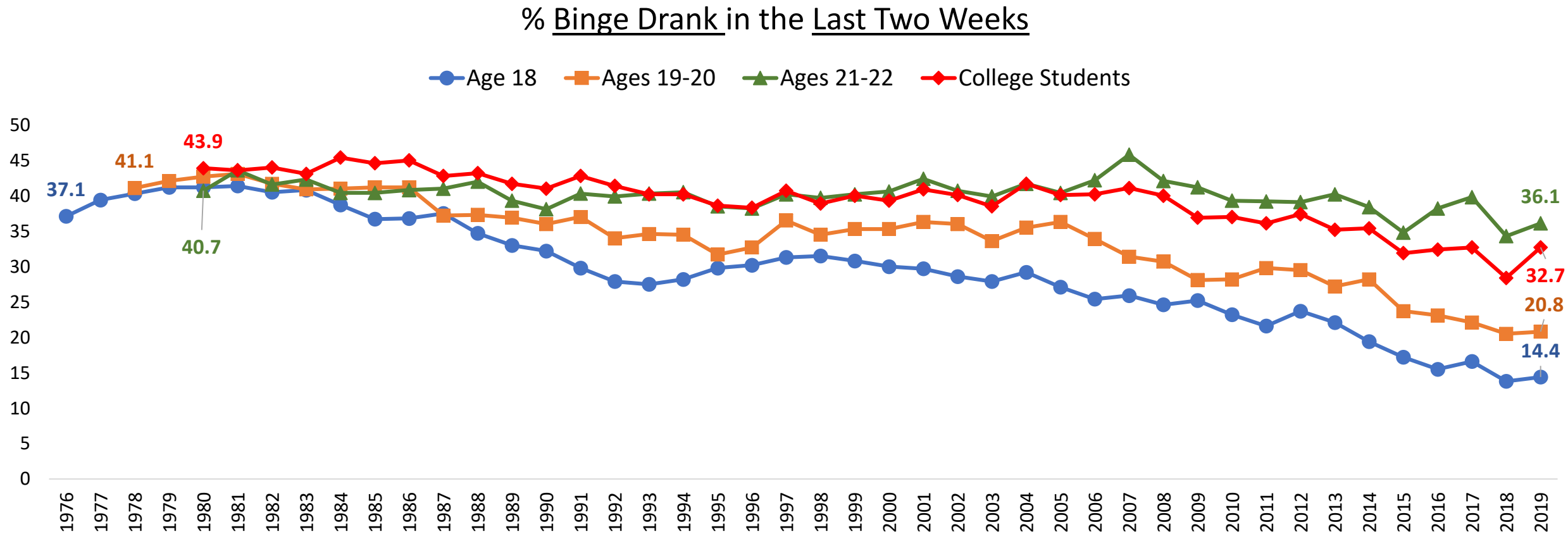
http://monitoringthefuture.org/pubs/monographs/mtf-vol2_2019.pdf Figure 5-18b and Table 9-3

Question: "On how many occasions (if any) have you used alcohol during the last 12 months?"

Note: Age ranges include both college students and non-students.

Note: College students are defined as those follow-up respondents *one to four years past high school* who report that they were taking courses as *full-time students* in a *two- or four-year undergraduate college* at the *beginning of March* of the year in question. Note that full-time students at two-year colleges, such as community colleges, are included.

The share of college students who have binge drank in the last two weeks has decreased 26% since 1980.



Source: The University of Michigan 2019 Monitoring the Future Study, sponsored by the National Institute on Drug Abuse, U.S. Department of Health & Human Services, 2020

http://monitoringthefuture.org/pubs/monographs/mtf-vol2_2019.pdf Figure 5-18d and Table 9-4

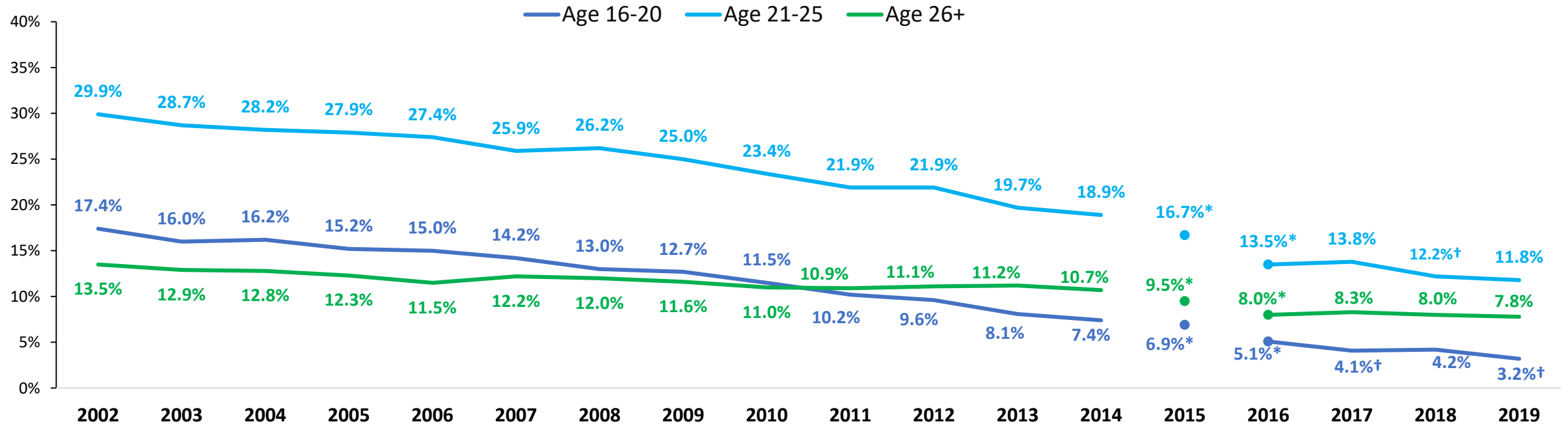
Question: "On how many occasions (if any) have you used alcohol during the last 12 months?"

Note: Age ranges include both college students and non-students.

Note: College students are defined as those follow-up respondents *one to four years past high school* who report that they were taking courses as *full-time students* in a *two- or four-year undergraduate college* at the *beginning of March* of the year in question. Note that full-time students at two-year colleges, such as community colleges, are included.

Self-reported driving under the influence of alcohol has decreased 37% among 16-20 year-olds since 2016, and 13% among 21-25 year-olds.

Drove Under the Influence of Alcohol in the Past Year



† Indicates a statistically significant difference at the 0.5 level compared to the previous year

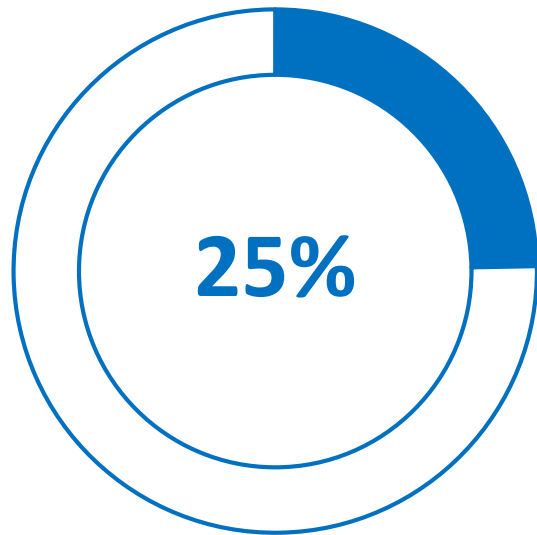
Source: 2018 National Survey on Drug Use and Health, an annual survey representative of the civilian, non-institutionalized population of the U.S. aged 12 years old or older conducted by the Substance Abuse and Mental Health Services Administration, U.S. Department of Health & Human Services. See <https://www.samhsa.gov/data/nsduh/reports-detailed-tables-2018-NSDUH>

*Starting with the 2016 NSDUH, respondents who reported past year alcohol use or selected illicit drug use were asked individual questions about driving under the influence of each substance they indicated using. NSDUH determined that breaks in trends occurred for all measures of driving under the influence, including the measure of driving under the influence of alcohol, only because of associated context effects from other changes in this section. 2015 data not comparable to 2014 data due to methodological changes.

Question asked among those who drank at least one alcoholic beverage within the last 12 months: **During the past 12 months**, have you driven a vehicle while you were under the influence of alcohol?

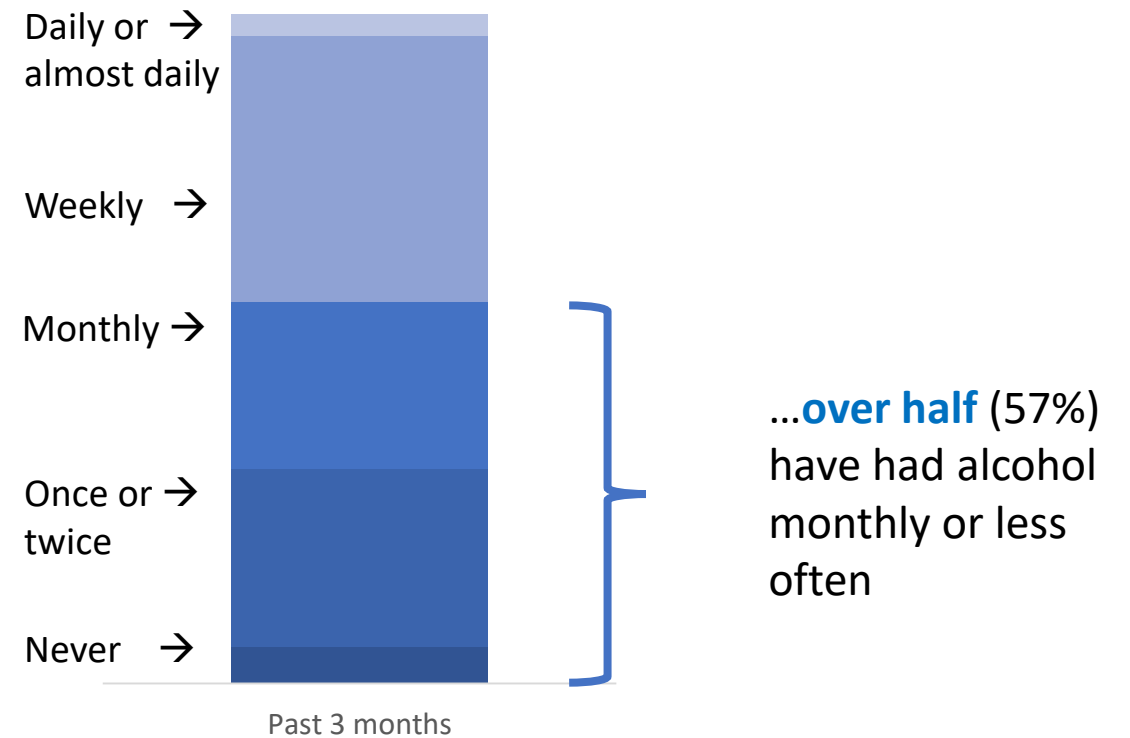
National College Health Assessment

Alcohol Consumption



One in four undergraduate students have *never* had alcohol

Of undergraduates who *have* ever used alcohol...



Source: National College Health Assessment, Spring 2020 findings. American College Health Association.

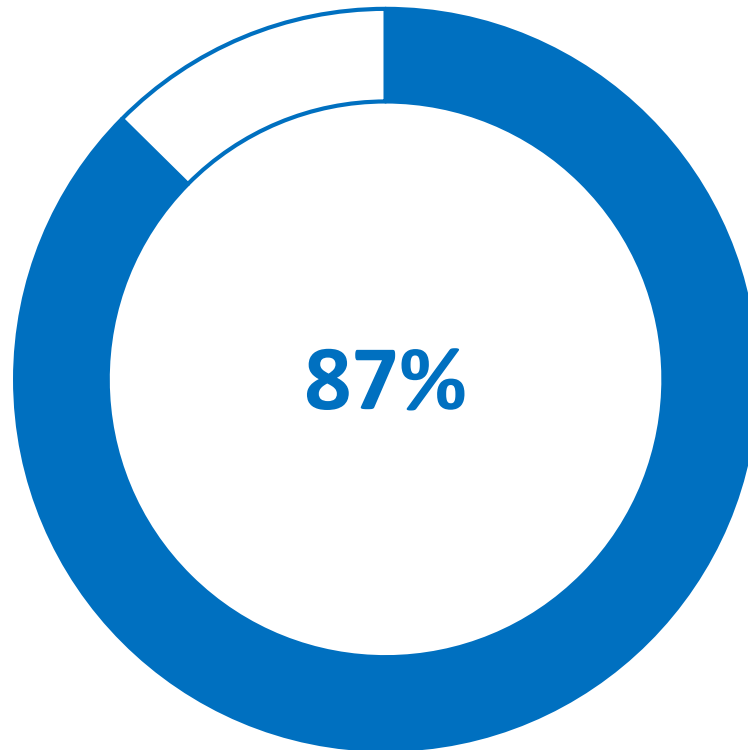
https://www.acha.org/documents/ncha/NCHA-III_SPRING_2020_UNDERGRADUATE_REFERENCE_GROUP_DATA_REPORT.pdf

Question 22A2: In your life, which of the following substances have you ever used? Alcoholic beverages (beer, wine, liquor, etc.)

Question 22B2: In the past 3 months, how often have you used the substance(s) you mentioned? Alcoholic beverages (beer, wine, liquor, etc.) (only includes students who have ever used this substance)

National College Health Assessment

Impaired Driving



More than **four-in-five** undergraduate students have **not** driven after drinking any alcohol

National College Health Assessment

Positive Norms

Of undergraduates who used alcohol in the past three months:



87% have *never* had health, social, legal, or financial problems due to their use of alcohol



88% have *never* failed to do what was normally expected of them due to their use of alcohol



56% *did not* get drunk the last time they drank alcohol

Source: National College Health Assessment, Spring 2020 findings. American College Health Association.

https://www.acha.org/documents/ncha/NCHA-III_SPRING_2020_UNDERGRADUATE_REFERENCE_GROUP_DATA_REPORT.pdf

Question 22L2: During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems? Alcoholic beverages (beer, wine, liquor, etc.) (only includes students who have used alcohol within the last 3 months)

Question 22M2: During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)? Alcoholic beverages (beer, wine, liquor, etc.) (only includes students who have used this substance within the last 3 months)

Question 25B1: The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months) Did you get drunk?

National College Health Assessment

Consequences Not Occurring as a Result of Drinking

In the last 12 months, college students who drank did not experience the following as a consequence of drinking:

-  77% did not do something they later regretted
-  85% did not black out
-  99% did not get in trouble with the police
-  98% did not get in trouble with college authorities
-  86% did not have unprotected sex
-  92% did not physically injure themselves
-  99% did not physically injure another person
-  97% did not have their academic performance affected by their alcohol use

Source: National College Health Assessment, Spring 2020 findings. American College Health Association.

https://www.acha.org/documents/ncha/NCHA-III_SPRING_2020_UNDERGRADUATE_REFERENCE_GROUP_DATA_REPORT.pdf

Question 29 series: Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

[29A: Did something I later regretted] [29B: Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)] [29D: Got in trouble with the police] [29E: Got in trouble with college/university authorities] [29H: Had unprotected sex] [29I: Physically injured myself] [29J: Physically injured another person]

Question 30B: Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)