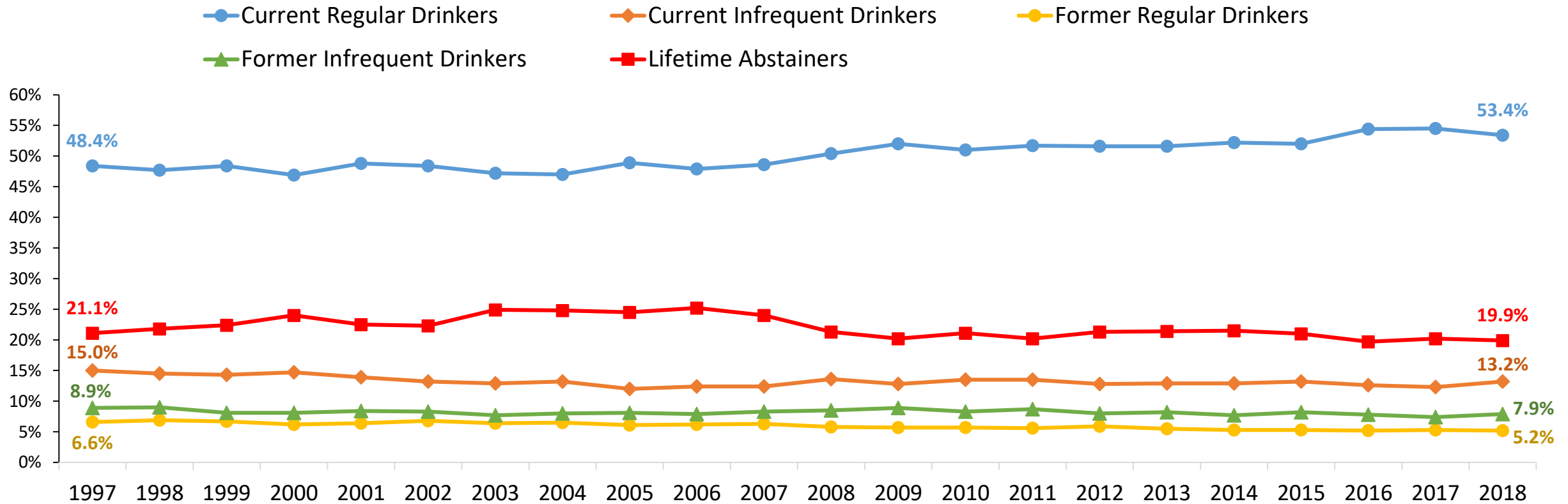


National Health Interview Survey

Alcohol Drinking Status* Among Adults 18+



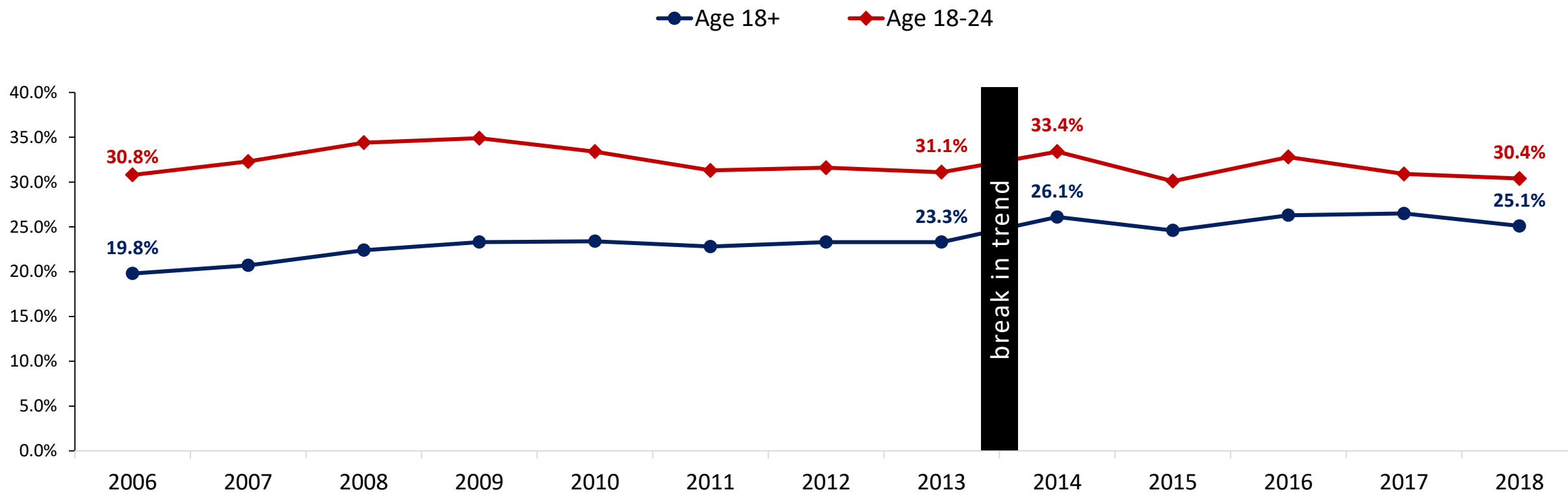
*Derived from several source questions: "In any one year, have you had at least 12 drinks of any type of alcoholic beverage?"; "In your entire life, have you had at least 12 drinks of any type of alcoholic beverage?"; and "In the past year, how often did you drink any type of alcoholic beverage?"

Categories are derived from respondents' self-reported responses. A lifetime abstainer had fewer than 12 drinks in his or her lifetime. A former infrequent drinker had at least 12 drinks in his or her lifetime but fewer than 12 drinks in any 1 year and no drinks in the last year. A former regular drinker had at least 12 drinks in his or her lifetime or in any 1 year AND had no drink in the past year. A current infrequent drinker had at least 12 drinks in his or her lifetime and fewer than 12 drinks in the past year. A current regular drinker had at least 12 drinks in his or her lifetime and at least 12 drinks in the past year. Former and current drinkers for whom the frequency of consumption or amount consumed was unknown are not included. A current regular drinker had at least 12 drinks in his or her lifetime and at least 12 drinks in the past year.

Source: National Health Interview Survey 2017, conducted by the National Center for Health Statistics. The NHIS is a large-scale household interview survey of a statistically representative sample of the U.S. civilian noninstitutionalized population. See <https://www.cdc.gov/nchs/nhis/index.htm>.

National Health Interview Survey

One or More Heavy Drinking Days* in the Past Year



*For 2006–2013, heavy drinking days are defined as days in which adults consumed five or more drinks, regardless of sex. For 2014 and later, heavy drinking days are defined as days in which men consumed five or more drinks and women consumed four or more drinks. The analyses exclude adults with unknown alcohol consumption.

Source: National Health Interview Survey 2017, conducted by the National Center for Health Statistics. The NHIS is a large-scale household interview survey of a statistically representative sample of the U.S. civilian noninstitutionalized population. See <https://www.cdc.gov/nchs/nhis/index.htm>.

Question: In the PAST YEAR, on how many DAYS did you have [5 or more/4 or more] drinks of any alcoholic beverage?

Sample: Adults 18+ who have had at least 1 drink in the past year (81% of total, in 2017)