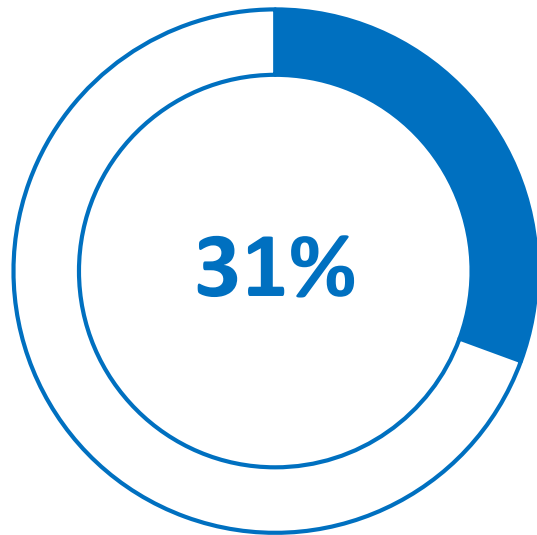


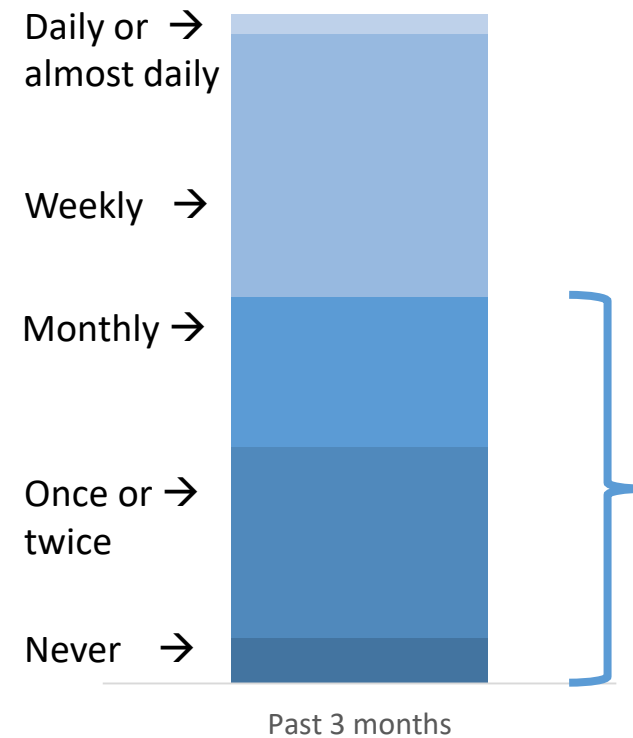
National College Health Assessment

Alcohol Consumption



Three-in-ten undergraduate students have *never* had alcohol

Of undergraduates who *have* ever used alcohol...



...**two-thirds** (65%) have had alcohol monthly or less often

Source: National College Health Assessment, Spring 2019 findings. American College Health Association.

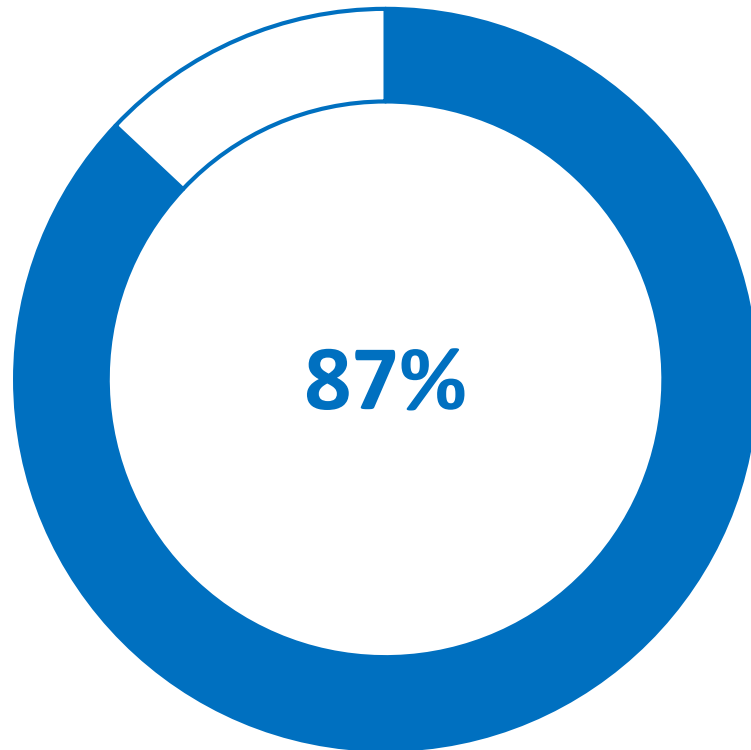
https://www.acha.org/documents/ncha/NCHA-III_FALL_2019_UNDERGRADUATE_REFERENCE_GROUP_DATA_REPORT.pdf

Question 22A2: In your life, which of the following substances have you ever used? Alcoholic beverages (beer, wine, liquor, etc.)

Question 22B2: In the past 3 months, how often have you used the substance(s) you mentioned? Alcoholic beverages (beer, wine, liquor, etc.) (only includes students who have ever used this substance)

National College Health Assessment

Impaired Driving



More than **four-in-five** undergraduate students have **not** driven after drinking any alcohol

National College Health Assessment

Positive Norms

Of undergraduates who used alcohol in the past three months:



87% have *never* had health, social, legal, or financial problems due to their use of alcohol



88% have *never* failed to do what was normally expected of them due to their use of alcohol



57% *did not* get drunk the last time they drank alcohol



70% had 4 or fewer drinks the last time they drank alcohol in a social setting



77% drank over the course of 1-4 hours the last time they drank alcohol in a social setting, with 40% drinking over 1-2 hours and 37% drinking over 3-4 hours

Source: National College Health Assessment, Spring 2019 findings. American College Health Association.

https://www.acha.org/documents/ncha/NCHA-III_FALL_2019_UNDERGRADUATE_REFERENCE_GROUP_DATA_REPORT.pdf

Question 22K2: During the past 3 months, how often have you had a strong desire or urge to use the following substance(s)? Alcoholic beverages (beer, wine, liquor, etc.) (of students who have used this substance within the last 3 months)

Question 22L2: During the past 3 months, how often has your use of the following substance(s) led to health, social, legal, or financial problems? Alcoholic beverages (beer, wine, liquor, etc.) (of students who have used alcohol within the last 3 months)

Question 22M2: During the past 3 months, how often have you failed to do what was normally expected of you because of your use of the following substance(s)? Alcoholic beverages (beer, wine, liquor, etc.) (of students drank alcohol within last 3 months)

Question 25B1: The last time you drank alcohol: (only includes students who drank alcohol within the last 3 months) Did you get drunk?

Question 26: One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink. (of students who drank alcohol within the last 3 months) The last time you drank alcohol in a social setting, how many drinks of alcohol did you have?

Question 27: One drink of alcohol is defined as a 12 oz. can or bottle of beer or wine cooler, a 4 oz. glass of wine, or a shot of liquor straight or in a mixed drink. (of students who drank alcohol within the last 3 months) The last time you drank alcohol in a social setting, over how many hours did you drink alcohol?

National College Health Assessment

Consequences Not Occurring as a Result of Drinking

In the last 12 months, college students who drank did not experience the following as a consequence of drinking:

-  80% did not do something they later regretted
-  87% did not black out
-  99% did not get in trouble with the police
-  99% did not get in trouble with college authorities
-  87% did not have unprotected sex
-  93% did not physically injure themselves
-  99% did not physically injure another person
-  97% did not have their academic performance affected by their alcohol use

Source: National College Health Assessment, Spring 2019 findings. American College Health Association.

https://www.acha.org/documents/ncha/NCHA-III_FALL_2019_UNDERGRADUATE_REFERENCE_GROUP_DATA_REPORT.pdf

Question 29 series: Within the last 12 months, have you experienced any of the following when drinking alcohol? (only includes students who drank alcohol within the last 12 months)

[29A: Did something I later regretted] [29B: Blackout (forgot where I was or what I did for a large period of time and cannot remember, even when someone reminds me)] [29D: Got in trouble with the police] [29E: Got in trouble with college/university authorities] [29H: Had unprotected sex] [29I: Physically injured myself]

Question 30B: Within the last 12 months, to what extent did your alcohol use affect your academic performance? (only includes students who drank alcohol within the last 12 months)